



2-Day In-Person Microneedling Certification Course

Course Length: 2 Full Days

Format: In-Person | Theory + Hands-On

Certification: Microneedling & RF Microneedling (Theory-Based)

Models:

✓ 2 Live Models (Standard Microneedling)

✗ No Models for RF Microneedling (Theory & Device Education Only)

DAY 1 — Foundations of Microneedling + Hands-On (Model 1)

Morning Session | Theory & Safety (10:00 AM – 12:00 PM)

1. Introduction & Course Objectives

- Course objectives & expectations
- Scope of practice & professional responsibilities
- Contraindications vs precautions
- Client consultation & informed consent

2. Skin Anatomy & Wound Healing

- Epidermis, dermis, subcutaneous layers
- Fibroblast stimulation & collagen induction
- Phases of wound healing
- Skin conditions suitable for microneedling



3. Microneedling Science

- How microneedling works
 - Indications:
 - Fine lines & wrinkles
 - Acne scarring
 - Hyperpigmentation
 - Texture & pore refinement
 - Scalp & Body
 - Expected results & treatment timelines
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4. Devices, Depths & Needle Selection

- Pen vs stamp vs roller
 - Needle depths by area (face vs body vs Scalp)
 - Speed, pressure, and pattern techniques
 - Common mistakes & how to avoid them
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5. Infection Control & Clinical Safety

- Medical-grade sanitation & disinfection
 - Single-use consumables
 - Cross-contamination prevention
 - Managing bleeding, erythema, and edema
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Lunch Break (12:00 – 12:30 PM)

Afternoon Session | Hands-On Microneedling (12:45 – 5:00 PM)

6. Student Practice time 1:00pm – 1:30



7. Live Demonstration

- Full consultation & skin assessment
 - Treatment mapping
 - Device setup & depth selection
 - Proper technique & pass patterns
 - Equipment Set up
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8. Hands-On Practice — Model #1

- Supervised microneedling treatment
 - Correct pressure & speed
 - Adjusting depth by treatment zone
 - Instructor feedback & technique refinement
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9. Post-Treatment Care

- Immediate post-procedure protocols
 - Home-care products & instructions
 - Downtime expectations
 - Managing adverse reactions
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DAY 2 — Advanced Microneedling + RF Microneedling Theory

**Morning Session | Advanced Microneedling + Model 2
(10:00 AM – 12:00 PM)**



1. RF Microneedling Fundamentals

- What RF Microneedling is
 - Difference between standard MN vs RF MN
 - How radiofrequency energy works in the skin
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2. RF Technology Overview

- Insulated vs non-insulated needles
 - Bipolar vs monopolar RF
 - Heat zones & collagen remodelling
 - Indications:
 - Skin tightening
 - Acne scarring
 - Texture & laxity
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3. Safety, Contraindications & Risks

- Why advanced training is required
 - Burns, fat loss, PIH risks
 - Proper client selection
 - Why live models are not included
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4. RF Microneedling Treatment Planning

- Depth & energy concepts
- Treatment spacing & results timeline
- Maintenance protocols
- Pre & post care differences vs standard MN



9. Advanced Treatment Protocols

- Acne scarring (rolling vs boxcar vs ice pick)
 - Pigmentation considerations
 - Aging skin & laxity protocols
 - Body microneedling overview
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10. Combination Treatments

- Microneedling + serums
 - Growth factors, peptides, PRP (theory only)
 - What is safe vs unsafe to needle
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11. Hands-On Practice — Model #2

- Independent treatment with supervision
 - Advanced depth & technique adjustments
 - Treatment flow efficiency
 - Clinical confidence building
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Lunch Break (12:00 – 12:30 PM)

Afternoon Session | RF Microneedling (Theory-Based) (12:45 – 4:30 PM)

11. Hands-On Practice — Model #2 & 3

- Independent treatment with supervision
- Advanced depth & technique adjustments
- Treatment flow efficiency
- Clinical confidence building



Course Wrap-Up (4:30 – 5:00 PM)

16. Business & Practice Integration

- Pricing strategies
 - Packaging treatments
 - Consent & documentation
 - Before & after photos best practices
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17. Certification & Q&A

- Final review
 - Certificate of completion
 - Next steps & advanced education pathways
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What Students Receive

- ✓ In-Person Certification
- ✓ Hands-On Microneedling Experience (2 Models)
- ✓ RF Microneedling Theory Certification
- ✓ Treatment Protocols & Depth Charts
- ✓ Consent Forms & Aftercare Templates