



1-Day In-Person Dermaplaning Certification Course

Course Length: 1 Full Day

Format: In-Person | Theory + Hands-On

Certification: Dermaplaning

Models: 2 Live Models

Course Overview

This **1-day dermaplaning certification course** is designed to provide aesthetics professionals with the knowledge, confidence, and hands-on skill required to safely and effectively perform professional dermaplaning treatments.

The course combines **evidence-based theory, clinical safety education, and live hands-on practice**, ensuring participants understand not only how to perform the treatment, but also **when and when not to**.



Morning Session | Theory & Safety (9:00 AM – 12:00 PM)

1. Introduction & Course Objectives

- Course overview & expectations
 - Scope of practice considerations
 - Professional responsibilities & client safety
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2. Skin Anatomy & Hair Biology

- Structure of the epidermis
 - Vellus vs terminal hair
 - Hair growth cycles
 - Why dermaplaning does not change hair growth
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3. Dermaplaning Science & Benefits

- How dermaplaning works
 - Indications and ideal candidates
 - Benefits:
 - Exfoliation & cellular turnover
 - Enhanced product penetration
 - Improved skin texture and tone
 - Myths & misconceptions
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4. Contraindications & Client Selection

- Absolute vs relative contraindications
- Acne, rosacea, pigmentation, and compromised skin
- Medication considerations
- Fitzpatrick skin types & risk assessment



5. Tools, Blades & Product Selection

- Blade types and angles
 - Single-use blade safety
 - Proper hand positioning & stroke technique
 - Supporting products (cleansers, oils, enzymes)
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6. Infection Control & Clinical Safety

- Sanitation & disinfection protocols
 - Bloodborne pathogen awareness
 - Managing nicks, cuts, and skin sensitivity
 - Proper blade disposal
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Lunch Break (12:00 – 1:00 PM)

Afternoon Session | Hands-On Training (1:00 – 5:00 PM)

7. Live Demonstration

- Full client consultation & consent
 - Skin preparation & positioning
 - Blade angle, pressure, and stroke patterns
 - Treatment flow & time management
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8. Hands-On Practice with Live Models

- Supervised dermaplaning treatments
- Correct tensioning and technique
- Working safely around facial contours
- Instructor feedback and correction



9. Advanced Dermaplaning Techniques

- Full-face vs targeted dermaplaning
 - Dermaplaning for different skin types
 - Avoiding over-exfoliation
 - Combining dermaplaning with:
 - Enzyme treatments
 - Chemical exfoliation (theory only)
 - Facial treatments
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10. Post-Treatment Care & Client Education

- Immediate post-care protocols
 - Homecare recommendations
 - Treatment frequency & maintenance
 - Managing sensitivity and redness
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11. Business & Practice Integration

- Pricing and packaging
 - Add-on vs standalone treatment
 - Client retention strategies
 - Before & after photography tips
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Course Wrap-Up & Certification (4:30 – 5:00 PM)

- Final review & Q&A
- Certificate of completion
- Next steps & advanced training options



What Students Receive

- ✓ Dermaplaning Certification
- ✓ Hands-On Training with Live Models
- ✓ Treatment Protocols
- ✓ Client Consultation & Consent Templates
- ✓ Post-Care Instructions