



1 Day In-Person Buccal Face & Neck Massage Certification Course

Buccal massage is a specialized facial technique that works both **externally and inside the mouth (with gloves)** to target deep facial muscles. By releasing tension in the jaw, cheeks, and lower face, this treatment helps:

- Improve facial contour and definition
- Release jaw tension and TMJ-related tightness
- Support lymphatic drainage
- Enhance circulation
- Promote a naturally lifted appearance

When combined with neck and décolleté massage techniques, the treatment creates a holistic sculpting and tension-releasing experience.

What You Will Learn

Over two full days, participants will gain a strong foundation in:

- Skin anatomy and wound-healing physiology
- Client consultation, contraindications, and treatment planning
- Microneedling techniques for aging, texture, acne scarring, and pigmentation
- Proper needle depth selection by treatment area
- Infection control, safety protocols, and post-procedure care
- Advanced microneedling protocols and combination treatment theory



Hands-On Training

This course includes **live demonstration and supervised hands-on practice**, allowing students to:

- Perform external sculpting techniques
- Safely execute intraoral buccal massage
- Build confidence working with facial musculature
- Refine hand positioning, pressure, and rhythm

All intraoral techniques are performed using proper hygiene protocols and medical-grade gloves.

Who This Course Is For

This training is ideal for:

- Aestheticians and medical estheticians
- Facial specialists
- Massage therapists
- Aesthetic practitioners seeking advanced manual techniques

(Scope of practice may vary by province and professional designation.)

Certification

Upon successful completion, participants will receive a **Buccal Face & Neck Massage Certificate of Completion**, confirming hands-on training and competency.



Why Add Buccal Massage to Your Practice?

Buccal massage is a highly sought-after treatment in modern aesthetics, offering a natural, non-invasive approach to facial sculpting and muscle release. It can be offered as:

- A standalone sculpting treatment
- An enhancement to facial services
- A luxury add-on experience

This training equips you with the knowledge, safety standards, and professional technique to confidently incorporate buccal massage into your service menu.