



1-Day In-Person Buccal Face & Neck Massage Certification Course

Course Length: 1 Full Day

Time: 10:00 AM – 5:00 PM

Lunch: 30 Minutes

Format: In-Person | Theory + Hands-On

Certification: Buccal Face & Neck Massage

Models: 2 Live Models Per Student

Course Overview

This advanced 1-day certification course is designed for aesthetics professionals looking to expand their treatment offerings with **buccal (intraoral) face and neck massage techniques**.

The training combines **facial anatomy theory, safety protocols, and extensive hands-on practice**, ensuring students develop confidence in both external sculpting techniques and intraoral muscle release methods.



Morning Session | Theory & Foundations (10:00 AM – 12:30 PM)

1. Introduction & Course Objectives

- Course overview & expectations
 - Scope of practice considerations
 - Professional boundaries & informed consent
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2. Facial & Neck Anatomy

- Muscles of mastication
 - Cheek, jaw, and neck musculature
 - Lymphatic pathways
 - Common tension patterns in the lower face
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3. Indications & Contraindications

- Ideal candidates
 - TMJ and jaw tension considerations
 - Timing around injectables (Botox, fillers, threads)
 - Active acne, infections, and medical precautions
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4. Hygiene & Safety Protocols

- Intraoral sanitation standards
- Proper glove use and infection control
- Nail preparation & hand positioning
- Client positioning and draping



Lunch Break (12:00 – 1:00 PM)

Afternoon Session | Demonstration & Hands-On Training (1:00 PM – 5:00 PM)

5. Live Demonstration (1:00 PM – 1:45 PM)

- Full consultation & facial assessment
- External sculpting techniques
- Neck and décolleté release
- Intraoral (buccal) massage technique
- Treatment flow and sequencing

6. Hands-On Practice – Model #1 (1:45 PM – 3:15 PM)

- External facial sculpting
- Jaw and cheek muscle release
- Guided introduction to intraoral technique
- Instructor correction and technique refinement

7. Hands-On Practice – Model #2 (3:15 PM – 4:30 PM)

- Full structured treatment
 - Muscle mapping and assessment
 - External + intraoral sequence integration
 - Focus on pressure control and rhythm
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8. Post-Treatment Care & Business Integration (4:30 PM – 5:00 PM)

- Post-treatment recommendations
 - Treatment frequency guidelines
 - Pricing and service positioning
 - Add-on vs standalone treatment strategy
 - Final Q&A & Certification
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What Students Receive

- ✓ Hands-On Training with 2 Live Models
- ✓ Complete Treatment Protocol
- ✓ Intraoral Safety & Hygiene Guidelines
- ✓ Client Consultation & Aftercare Templates
- ✓ Certificate of Completion



What Students Receive

- ✓ Dermaplaning Certification
- ✓ Hands-On Training with Live Models
- ✓ Treatment Protocols
- ✓ Client Consultation & Consent Templates
- ✓ Post-Care Instructions