



2-Day Professional Waxing Course Outline

Full Body Waxing (Hard & Soft Wax) + Brazilian Waxing Intensive

Time: 10:00 AM – 5:00 PM (Both Days)

Models: 2 live models total for Brazilian training (Day 2)

Day 1 – Full Body Waxing Fundamentals (Hard & Soft Wax)

10:00 AM - 5:00PM

10:00 – 10:30 AM | Welcome & Course Introduction

- Meet & greet
 - Course overview & expectations
 - Health & safety protocols
 - Understanding the role of professional waxing in clinic settings
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10:30 – 11:30 AM | Theory Session

- Hard wax vs soft wax: differences & uses
- Hair growth cycles & skin anatomy
- Client consultation & contraindications
- Hygiene, sanitation & infection control
- Proper workstation setup & ergonomics



11:30 AM – 12:00 PM | Instructor Demonstration

- Wax temperature control
 - Application & removal techniques
 - Strip use vs hard wax removal
 - Tension control & client comfort techniques
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12:00 – 12:30 PM | Lunch Break

12:30 – 2:30 PM | Hands-On Practical – Full Body Areas

Students begin practicing on models with instructor guidance:

- Legs (full/half)
 - Arms
 - Underarms
 - Back/chest
 - Abdomen
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2:30 – 2:45 PM | Short Break

2:45 – 4:30 PM | Continued Practical Training

- Basic bikini line waxing
- Speed vs precision technique
- Correcting common mistakes
- Instructor one-on-one coaching



4:30 – 5:00 PM | Wrap-Up & Q&A

- Post-wax care education
 - Client aftercare recommendations
 - Day 2 preparation & expectations
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Day 2 – Brazilian Waxing Intensive (Hard Wax Focus)

10:00 AM - 5:00PM

Students will work with 2 live Brazilian models

10:00 – 10:30 AM | Review & Confidence Building

- Recap of Day 1
 - Address questions or concerns
 - Preparing for Brazilian services
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10:30 – 11:30 AM | Brazilian Theory

- Anatomy of the intimate area
 - Contraindications & client screening
 - Client communication & professionalism
 - Draping & positioning techniques
 - Pain management & client comfort
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11:30 AM – 12:00 PM | Instructor Demonstration

- Full Brazilian step-by-step
- Sectioning techniques
- Labial & sensitive area waxing
- Proper tension and wax control



12:00 – 12:30 PM | Lunch Break

12:30 – 2:30 PM | Hands-On Practical – Model 1

Students perform a full Brazilian wax under close supervision:

- Front area technique
 - Labial waxing
 - Precision removal
 - Instructor correction & support
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2:30 – 2:45 PM | Short Break

2:45 – 4:30 PM | Hands-On Practical – Model 2

Second model allows students to:

- Improve speed & confidence
 - Refine technique
 - Practice full service flow
 - Troubleshoot challenging hair patterns
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4:30 – 5:00 PM | Final Assessment & Certification

- Technique review & feedback
- Business tips for offering Brazilian services
- Certificate of Completion presented
- Group photo & closing remarks